



CARE NETWORK PARTNERS

| Agency | Address | Contact |
|--|--|------------------------|
| Yellow Ribbon Fund (YRF) | 980 Upper Changi Road North Blk B Level 2 Singapore 507708 (Prison and YRSG HQ) | 6513 3597 6214 2867 |
| Industrial & Services Co-operative Society Ltd (ISCOS) | The Alexcier 237 Alexandra Road #04-03 Singapore 159929 | 6743 7885 |
| Singapore After-Care Association (SACA) | 81 Dunlop Street Singapore 209408 | 6294 2350 6294 2763 |
| Singapore Anti-Narcotics Association (SANA) | Sengkang Community Hub 2 Sengkang Square #05-01 Singapore 545025 Step-Up @ Taman Jurong SSO 301A Corporation Drive Singapore 619773 Weekdays 4pm – 9pm | 6385 0649 |



ADDICTION TREATMENT / SUPPORT GROUPS

| Agency | Address | Contact |
|--|---|---|
| Alcoholics Anonymous (AA) | Various Location– Please refer to singaporeaa.org/meetings.html for more details | 8112 8089 (call or whatsapp) |
| Narcotics Anonymous (NA) | Various Location– Please refer to nasingapore.org/meeting.htm for more details | 8405 8432 |
| National Addictions Management Service (NAMS) | Buangkok Green Medical Park Blk 9 (Level 1) 10 Buangkok View Singapore 539747 | 24-hr helpline: 6-7326837 |
| National Problem Gambling Helpline and Webchat | Counselling, information on exclusion & visit limit and referral for gambling-related services | 1800-6-668-668 www.ncpg.org.sg (Webchat) |
| WE CARE Community Services | Kembangan-Chai Chee Community Hub 11 Jalan Ubi Block 5 #01-41 Singapore 409074 | 3165 8017 |
| Women in Recovery Association (WIRA) | 201 Henderson Road #08-28 Apex @ Henderson Singapore 159545 | 8339 7690 |

All information is correct as of Apr 2021



SELF HELP GROUPS AND ASSOCIATIONS

| Agency | Address | Contact |
|---|---|--|
| AMP Singapore | AMP @ Pasir Ris 1 Pasir Ris Drive 4 #05-11 Singapore 519457 | 6416 3966 |
| | AMP @ Jurong Point 1 Jurong West Central 2 #06-02 Jurong Point Shopping Centre Singapore 648886 | 6416 3990 |
| | AMP Service Centre at Kurnia @ Wisma Geylang Serai 1 Engku Aman Turn #03-03 Wisma Geylang Serai (Lift Lobby B) Singapore 408528 | 6634 6170 |
| Association of Women for Action and Research (AWARE) | Block 5 Dover Crescent #01-22 Singapore 130005 | 6779 7137 Helpline: 1800 777 555 |
| Chinese Development Assistance Council (CDAC) | 65 Tanjong Katong Road Singapore 436957 | 6841 4889 |
| Persatuan Pemudi Islam Singapore (PPIS) | Blk 1 Eunoss Crescent #01-2509 Singapore 400001 | 6744 0258 |
| Singapore Indian Development Association (SINDA) | 1 Beatty Road Singapore 209943 | 1800 295 3333 |
| The Eurasian Association Singapore | Eurasian Community House 139 Ceylon Road Singapore 429744 | 6447 1578 |
| Yayasan Mendaki | 51 Kee Sun Avenue (off Tay Lian Teck Road) Singapore 457056 | 6245 5555 |



MENTAL HEALTH SERVICES

| Agency | Address | Contact |
|--|---|---|
| Club HEAL | <p>Club HEAL @ Bukit Batok East The Loving Hub 254 Bukit Batok East Ave 4 #01-229 Singapore 650254</p> <p>Club HEAL @ Pasir Ris East The Acceptance Place Blk 148 Pasir Ris St 13 #01-24 Singapore 510148</p> <p>Club HEAL @ Marsiling The Empowerment Hut Blk 317 Woodlands St 31 #01-194 Singapore 730317</p> <p>Club HEAL @ Buangkok The Hope Centre 997A Buangkok Crescent #01-809 Singapore 531997</p> | 6899 3463 |
| Institute of Mental Health (IMH) | Buangkok Green Medical Park 10 Buangkok View Singapore 539747 | 24-hr hotline: 6389 2000 |
| National CARE Hotline | If you need someone to talk to about issues that weigh you down, such as COVID-19 and its impact on your personal and family lives, on your jobs and livelihoods, and your future. | 1800-202-6868 8am to 12am daily |
| Samaritans of Singapore (SOS) | 10 Cantonment Close #01-01 Singapore 080010 | 24-hr hotline: 1800 221 4444 |
| Silver Ribbon (Singapore) | H.O.L.A (Hang on Life's Awesome) Block 208 Serangoon Central #01-238 Singapore 550208 | 6386 1928 |
| Singapore Association for Mental Health (SAMH) | Blk 139 Potong Pasir Ave 3 #01-136 Singapore 350139 | 6255 3222 Toll Free Helpline: 1800 283 7019 |



ACCOMMODATION

| Agency | Address | Contact |
|-----------------------------------|--|-----------|
| Housing & Development Board (HDB) | HDB Hub 480 Lorong 6 Toa Payoh Singapore 310480 Weekdays: 8:30 am - 5:00 pm | 6490 1111 |

HALFWAY HOUSES & SHELTERS

| Agency | Address | Contact |
|---|---|------------------------|
| Buddhist: Green Haven | 10 Admiralty Road East Singapore 759988 | 6565 6880 |
| Christian: Breakthrough Missions | 24 Yew Siang Road Singapore 117758 | 6479 7734 6479 7756 |
| Christian: Teen Challenge (Singapore) | 735 Old Choa Chu Kang Road Singapore 699798 | 6793 7933 |
| Christian: The Helping Hand | 819 Upper Serangoon Road Singapore 534678 | 6283 2204 |
| Christian: The New Charis Mission | Kembangan - Chai Chee Community Hub 11 11 Jalan Ubi Block 1 #01-01 Singapore 409074 | 6483 3707 |
| Christian (Female): The Turning Point | 341 Jamaica Road Singapore 757615 | 6257 8364 |
| Hindu & Sikh: HEB-Ashram Halfway House | 30 Durban Road Singapore 759642 | 6753 9730 |
| Muslim: Jamiyah Halfway House | 352 Pasir Panjang Road Singapore 118694 | 6776 9101 |
| Muslim: Pertapis Halfway House | 50 Lorong 34 Geylang Singapore 398239 | 6746 4752 |
| GEM New Start Centre Limited | No 2 Springleaf View Singapore 787908 | 6266 3302 6266 3310 |
| iC@RE Hub (Female) | Call hotline for information | 6250 2393 |
| HCSA Highpoint (Halfway House) | 1 Lorong 23 Geylang Singapore 388352 | 6440 2444 |
| New Hope Community Services | Blk 148 Yishun Street 11 #01-123 Singapore 760148 | 6305 9620 |

All information is correct as of Apr 2021



RELIGIOUS ORGANISATIONS

| Agency | Address | Contact |
|--|---|--------------------------|
| Buddhist Fellowship | 2 Telok Blangah Rd St 31 #02-00 Yeo's Building Singapore 108942 | 6278 0900 |
| Christian Counselling Services | 73 Upper Paya Lebar Road #07-02A Centro Bianco Singapore 534818 | 6222 1305 |
| FITRAH (Family and Inmates Through-care Assistance Haven) | Masjid En-Naeem 120 Tampines Road Singapore 535136 | 6911 8153 / 6911 8154 |
| Muslim Counselling Service | Hexacube 160 Changi Road #04-07 Singapore 419728 | - |
| PERGAS | Wisma Indah 448 Changi Road #03-01 Singapore 419975 | 6346 9350 |
| Prison Fellowship Singapore | 50 Playfair Road #03-01 Noel Building Singapore 367995 | 6384 2338 |
| Roman Catholic Prison Ministry | 2 Highland Rd #03-04 Catholic Archdiocesan Education Centre Singapore 549102 | 6100 7276 |
| SANA Christian / Hindu Religious Group of Volunteers (RGV) | Sengkang Community Hub 2 Sengkang Square #05-01 Singapore 545025 | 6870 5192 6870 5193 |
| Sikh Welfare Council | 2 Towner Road #06-02 Singapore 327804 | 6299 9234 |
| Singapore Buddhist Federation | 59 Lorong 24A Geylang Singapore 398583 | 6744 4635 |
| Muneeswaran Community Services Ltd | 3 Commonwealth Drive Singapore 149594 | 6473 5037 |
| The Hindu Centre | 132 Owen Road Singapore 218935 | 6291 8540 |



COMMUNITY AND FAMILY SERVICES

| Agency | Address | Contact |
|---|---|--|
| AMKFSC Community Services | Blk 223D Compassvale Walk #01-673 Singapore 544223 | 6312 8100 |
| Centre for Fathering | Dads Adventure Hub 1 Woodlands Road #04-03 Singapore 677899 | 6769 1238 |
| Fei Yue Community Services | Blk 145 Simei St 2 #01-06 Singapore 520145 | 6422 1599 |
| Focus on the Family Singapore | Junction 8 Office Tower 9 Bishan Place #08-03 Singapore 579837 | 6336 1444 www.family.org.sg |
| Lakeside Family Services | The Agape 21 Yung Ho Road #03-01 Singapore 618593 | 6265 6522 |
| Life Community Services Society | 5 Stadium Walk Kallang Leisure Park #04-04/07 Singapore 397693 | 6387 3700 |
| Lions Befrienders Service Association (Singapore) [For Seniors] | 130 Bukit Merah View #01- 358 Singapore 150130 | 1800 375 8600 8500 - 0390 lb_pris@lb.org.sg |
| The Salvation Army | Various Location – Please refer to https://www.salvationarmy.org/singapore/locate_us | 6555 0188 |
| The T Project | 7 Race Course Lane #03-01 Singapore 218734 | 8346 0263 |
| Singapore Children's Society | Various Location – Please refer to https://www.childrensociety.org.sg/contact | 6273 2010 |



HELP AGAINST FAMILY VIOLENCE

| Agency | Address | Contact |
|---------------------------|---|-----------|
| Care Corner Project StART | Blk 7A Commonwealth Ave #01-672 Singapore 141007 | 6476 1482 |
| PAVE | Blk 211 Ang Mo Kio Ave 3 #01-1446 Singapore 560211 Blk 305 Yishun Central #01-175 Singapore 760305 | 6555 0390 |
| TRANS SAFE Centre | Blk 410 Bedok North Ave 2 #01-58 Singapore 460410 | 6449 9088 |

All information is correct as of Apr 2021



KNOW SOMEONE WHO NEEDS HELP?

- * Financial and employment assistance
- * Childcare and education support

CALL US WE CARE:

1800-222-0000

| Social service offices | Address |
|------------------------|---|
| SSO @ Ang Mo Kio | 6A Ang Mo Kio St 53 Ang Mo Kio 3G Centre Singapore 569208 |
| SSO @ Bedok | Blk 426 Bedok North Road #01-515 Singapore 460426 |
| SSO @ Boon Lay | Blk 189 Boon Lay Drive #01-254 Singapore 640189 |
| SSO @ Bukit Batok | Blk 369 Bukit Batok St 31 #01-505 Singapore 650369 |
| SSO @ Bukit Merah | Blk 105 Jalan Bukit Merah #01-1942 Singapore 160105 |
| SSO @ Bukit Panjang | Blk 232 Pending Road #01-29 Singapore 670232 |
| SSO @ Clementi | Blk 358 Clementi Ave 2 #01-285 Singapore 120358 |
| SSO @ Chua Chu Kang | 8A Teck Whye Lane Singapore 681008 |
| SSO @ Geylang Serai | 10 Eunos Road 8 #12-02 Singapore Post Centre Singapore 408600 (Please use North Lobby) |
| SSO @ Hougang | Blk 662 Hougang Ave 4 #01-413 Singapore 530662 |
| SSO @ Jalan Besar | 69 Jellicoe Rd #01-03 Singapore 208737 |
| SSO @ Jurong East | Devan Nair Institute for Employment & Employability 80 Jurong East St 21 #01-07 Singapore 609607 |
| SSO @ Kreta Ayer | 4 Sago Lane #03-101 Singapore 050004 |
| SSO @ Pasir Ris | 120 Pasir Ris Central #01-16 Pasir Ris Sports Centre Singapore 519640 |
| SSO @ Punggol | Punggol 21 Community Club 80 Punggol Field #04-01 Singapore 828815 |
| SSO @ Queenstown | 402 Commonwealth Drive Blk A #01-01 Singapore 149599 |
| SSO @ Sembawang | Blk 315 Sembawang Vista #01-173 Singapore 750315 |
| SSO @ Sengkang | Blk 261C Sengkang East Way #01-506 Singapore 543261 |
| SSO @ Serangoon | Blk 332 Serangoon Ave 3 #01-257 Singapore 550332 |
| SSO @ Taman Jurong | 301A Corporation Drive Singapore 619733 |
| SSO @ Tampines | Our Tampines Hub Public Service Centre 1 Tampines Walk #01-21 Singapore 528523 |
| SSO @ Toa Payoh | 490 Lorong 6 Toa Payoh HDB Hub Bizthree #07-11 Singapore 310490 |
| SSO @ Woodlands | 900 South Woodlands Drive #06-13 Woodlands Civic Centre Singapore 730900 |
| SSO @ Yishun | Blk 746 Yishun Street 72 #01-127 Singapore 760746 |

All information is correct as of Apr 2021