



Hope • Confidence • Opportunities



Community Resources



Support for Offenders and their Families



Prepared by Singapore Prison Service,
a Member of the Care Network



Care Network Partners

The Community Action for the Rehabilitation of Ex-offenders (CARE) Network is an alliance of various Social Service Agencies (SSAs) and Government Organisations dedicated to community engagement, coordination of aftercare efforts and enhancing service delivery for ex-offenders and their families.

Agency	Address	Contact
Industrial & Services Co-operative Society Ltd (ISCOS) https://www.iscos.org.sg/	The Alexcier 237 Alexandra Road #04-03 Singapore 159929	6743 7885
Singapore After-Care Association (SACA) https://www.saca.org.sg/	81 Dunlop Street Singapore 209408	6294 2350 6294 2763
Singapore Anti-Narcotics Association (SANA) https://www.sana.org.sg/step-up-centre/	Sengkang Community Hub 2 Sengkang Square #05-01 Singapore 545025	6386 0259
	Step-Up @ Taman Jurong SSO 301A Corporation Drive Singapore 619773 <i>Mon, Wed & Fri: 9 am – 6 pm</i> <i>Thu: 9 am – 9 pm</i>	9847 5102
	Step-Up @ Northwest SSO ACE The Place Community Club 120 Woodlands Avenue 1 Singapore 730538 <i>Wed: 2 pm – 9 pm</i>	8666 6076
Yellow Ribbon Fund (YRF) https://www.yellowribbon.gov.sg/yellow-ribbon-fund	980 Upper Changi Road North Blk B Level 2 Singapore 507708 (Singapore Prison Service and Yellow Ribbon Singapore HQ)	6513 3597 6214 2867

Please scan the QR code for an electronic copy of the Community Resources Booklet:



<https://go.gov.sg/rb2022>



Addiction Treatment / Support Groups

Agency	Address	Contact
Alcoholics Anonymous (AA) https://www.singaporeaa.org/meetings.html	Various Locations – Please refer to website	8112 8089 (call or whatsapp)
Narcotics Anonymous (NA) https://nasingapore.org/meeting.htm	Various Locations – Please refer to website	8405 8432
National Addictions Management Service (NAMS) https://www.nams.sg/Pages/default.aspx	Buangkok Green Medical Park Blk 9 (Level 1) 10 Buangkok View Singapore 539747	24-hr helpline: 6 – RECOVER (6-732 6837)
National Council On Problem Gambling https://www.ncpg.org.sg/ (Webchat)	SLF Building 510 Thomson Road #05-01 Singapore 298135	1800-6-668-668 <i>Available daily from 8 am to 11 pm</i>
WE CARE Community Services https://www.wecare.org.sg/	Kembangan-Chai Chee Community Hub Blk 5 11 Jalan Ubi #01-41 Singapore 409074	3165 8017
Women in Recovery Association (WIRA) http://wira.org.sg/	Apex @ Henderson 201 Henderson Road #08-28 Singapore 159545	8339 7690



Self-Help Groups and Associations

Agency	Address	Contact
AMP Singapore https://www.amp.org.sg/	AMP @ Pasir Ris 1 Pasir Ris Drive 4 #05-11 Singapore 519457 AMP @ Jurong Point Jurong Point Shopping Centre 1 Jurong West Central #06-02 Singapore 648886	6416 3966 6416 3990 / 9726 7655
Association of Women for Action and Research (AWARE) https://www.aware.org.sg/	Blk 5 Dover Crescent #01-22 Singapore 130005	6779 7137 Helpline: 1800 777 555
Chinese Development Assistance Council (CDAC) https://www.cdac.org.sg/en/	65 Tanjong Katong Road Singapore 436957	6841 4889
Persatuan Pemuda Islam Singapura (PPIS) https://ppis.sg/	Blk 1 Eunus Crescent #01-2509 Singapore 400001	6744 0258
Singapore Indian Development Association (SINDA) https://www.sinda.org.sg/	1 Beatty Road Singapore 209943	1800 295 3333
The Eurasian Association, Singapore https://www.eurasians.sg/	Eurasian Community House 139 Ceylon Road Singapore 429744	6447 1578
The T Project https://www.thetprojectsg.org/	7 Race Course Lane #03-01 Singapore 218734	8346 0263
Yayasan MENDAKI https://www.mendaki.org.sg/	51 Kee Sun Avenue (off Tay Lian Teck Road) Singapore 457056	6245 5555



Religious Organisations

Agency	Address	Contact
Buddhist Fellowship https://www.buddhistfellowship.org/bfwp425/	Yeo's Building 2 Telok Blangah Rd St 31 #02-00 Singapore 108942	6278 0900
Christian Counselling Services http://ccslink.org/	AsiaWide Industrial Building 5 Pereira Road #06-02 Singapore 368025	6222 1305
Family and Inmates ThRough-care Assistance Haven (FITRAH) https://www.facebook.com/fitrahsingapore/	Masjid En-Naeem 120 Tampines Road Singapore 535136	6911 8153 / 6911 8154
Loving Hand Fellowship https://lhf.sg/	20 Ubi Crescent Singapore 408565	8126 1744 (WhatsApp)
Muneeswaran Community Services Ltd https://www.facebook.com/mComSvcs/	3 Commonwealth Drive Singapore 149594	6473 5037
PERGAS https://www.pergas.org.sg/	Wisma Indah 448 Changi Road #03-01 Singapore 419975	6346 9350
Prison Fellowship Singapore https://pfs.org.sg/	1 Dorset Road Singapore 219486	6384 2338
Roman Catholic Prison Ministry https://www.caritas-singapore.org/roman-catholic-prison-ministry-rcpm/	Catholic Archdiocesan Education Centre 2 Highland Rd #03-04 Singapore 549102	6100 7276
SANA Hindu Religious Group of Volunteers (RGV) https://www.sana.org.sg/	Sengkang Community Hub 2 Sengkang Square #05-01 Singapore 545025	6870 5192 6870 5193
Sikh Welfare Council https://www.siwec.org/	2 Towner Road #06-02 Singapore 327804	6299 9234
Singapore Buddhist Federation https://www.buddhist.org.sg/	59 Lorong 24A Geylang Singapore 398583	6744 4635
The Hindu Centre https://www.hinducentre.org.sg/	132 Owen Road Singapore 218935	6291 8540



Mental Health Services

Agency	Address	Contact
Agency for Integrated Care (AIC) www.aic.buzz/mindmatters-directory	Various Locations – Please refer to website	-
Club HEAL http://www.clubheal.org.sg/	Club HEAL @ Buangkok The Hope Centre Blk 997A Buangkok Crescent #01-809 Singapore 531997 Club HEAL @ Bukit Batok East The Loving Hub Blk 254 Bukit Batok East Ave 4 #01-229 Singapore 650254 Club HEAL @ Marsiling The Empowerment Hut Blk 317 Woodlands St 31 #01-194 Singapore 730317 Club HEAL @ Pasir Ris East The Acceptance Place Blk 148 Pasir Ris St 13 #01-24 Singapore 510148	6899 3463 <i>9 am to 5 pm, Mondays to Fridays</i>
Institute of Mental Health (IMH) https://www.imh.com.sg/	Buangkok Green Medical Park 10 Buangkok View Singapore 539747	24-hr hotline: 6389 2000
Samaritans of Singapore (SOS) https://www.sos.org.sg/	10 Cantonment Close #01-01 Singapore 080010	24-hr hotline: 1-767 24-hr Whatsapp text: 9151 1767
Silver Ribbon (Singapore) https://www.silverribbonsingapore.com/	Blk 208 Serangoon Central #01-238 Singapore 550208	6386 1928 <i>9 am to 5 pm, Mondays to Fridays</i>
Singapore Association for Mental Health (SAMH) https://www.samhealth.org.sg/	Blk 139 Potong Pasir Ave 3 #01-136 Singapore 350139	6255 3222 Toll Free Helpline: 1800 283 7019



Help Against Family Violence

Agency	Address	Contact
National Anti-Violence and Sexual Harassment Helpline	-	1800-777-000 Available 24 hours
Care Corner Project StART https://www.carecorner.org.sg/family-violence-protection	7A Commonwealth Ave #01-672 Singapore 141007	6476 1482
PAVE https://www.pave.org.sg/	Blk 211 Ang Mo Kio Ave 3 #01-1446 Singapore 560211 Blk 305 Yishun Central #01-175 Singapore 760305	6555 0390
TRANS SAFE Centre https://www.trans.org.sg/services-safe	Blk 410 Bedok North Ave 2 #01-58 Singapore 460410	6449 9088



Nursing Homes

Nursing Homes are long-term residential care facilities that provide assistance to residents who need help in most of their activities of daily living and/or have daily nursing care needs.

A nursing home provides the following services:



Help With Activities of Daily Living

This includes going to the toilet, showering and eating, etc.



For Dementia/Psychiatric Facilities

Programmes and activities for cognitive stimulation will be provided to slow down the deterioration of mental function of the residents.



Night Respite

Night Respite is an overnight respite option for caregivers of persons living with dementia displaying sundowning behaviour. This gives them some time off from night-time caregiving duties.



Nursing Care

This includes management of nasogastric tube, urine catheter, wound dressing, etc.



Physical and Social Activities

Maintenance exercises, outings, etc.

For more information on Nursing Homes, please visit <https://www.aic.sg/care-services/nursing-home>

For information on Nursing Homes providers, please visit <https://www.aic.sg/care-services/e-care-locator>

For advice on the criteria and application for a Nursing Home service, patients or family may approach a Care Consultant at your nearest AIC Link – <https://www.aic.sg/aic-link>



Accommodation

Agency	Address	Contact
Housing & Development Board (HDB) https://www.hdb.gov.sg/cs/infoweb/homepage	HDB Hub 480 Lorong 6 Toa Payoh Singapore 310480 (weekdays: 8:30 am to 5:00 pm)	6490 1111
Halfway Houses and Shelters Residents are to abide by all the rules and regulations at the Halfway House (HWH).		
Buddhist: Green Haven https://sbws.org.sg/en/services-affiliates/social-welfare-and-community-services/green-haven/	10 Admiralty Road East Singapore 759988	6565 6880
Christian: Breakthrough Missions https://www.breakthroughmissions.org.sg/	24 Yew Siang Road Singapore 117758	6479 7734 6479 7756
Christian: Teen Challenge Singapore https://www.teenchallenge.org.sg/	735 Old Choa Chu Kang Road Singapore 699798	6793 7933
Christian: The Helping Hand https://thehelpinghand.org.sg/	819 Upper Serangoon Road Singapore 534678	6283 2204
Christian: The New Charis Mission https://www.thenewcharismission.org.sg	Kembangan-Chai Chee Community Hub 11 Jalan Ubi Block 1 #01-01 Singapore 409074	6483 3707
Christian (Female): The Turning Point https://www.theturningpoint.org.sg/	341 Jamaica Road Singapore 757615	6257 8364
Christian: Watchman's Home https://watchmanhome.sg/	1035 Upper Changi Road Singapore 507676	9790 2060
Hindu & Sikh: HEB-Ashram Halfway House https://heb.org.sg/heb-ashram/	30 Durban Road Singapore 759642	6753 9730
Muslim: Jamiyah Halfway House (Darul Islah) https://jhh.jamiyah.org.sg/	352 Pasir Panjang Road Singapore 118694	6776 9101
Muslim: Pertapis Halfway House https://www.pertapis.org.sg/welfare-homes	50 Lorong 34 Geylang Singapore 398239	6746 4752
Secular (Female): Rise Above Halfway House	1 St. George's Lane Singapore 328047	6206 7440
HCSA Highpoint https://hcsa.org.sg/programmes/hcsa-highpoint/	1 Lorong 23 Geylang Singapore 388352	6440 2444
Secular (Female): GEM New Start Centre Limited https://gemnsc.com/winners-home/	No 2 Springleaf View Singapore 787908	6266 3302 / 6266 3310
Secular (Female): iC@RE HUB https://www.icarehub.org.sg/	Call hotline for information	6250 2393
Transit Point @ 3 Spooner (New Hope Community Services) https://www.newhopecs.org.sg/tp-3-spooner	3 Spooner Road Singapore 168794	6241 1935



Community and Family Services

Agency	Address	Contact
AMKFSC Community Services https://www.amkfsc.org.sg/	Blk 223D Compassvale Walk #01-673 Singapore 544223	6312 8100
Care Community Services Society https://www.ccscscares.sg/	CarePoint 103 Lavender Street #01-02 Singapore 338725	6950 7500
Centre for Fathering https://fathers.com.sg/	Dads Adventure Hub 1 Woodlands Road #04-03 Singapore 677899	6769 1238
Family Service Centres https://www.msf.gov.sg/dfcs/familyservice/	Various Locations – Please refer to website	-
FAM @ FSCs www.msf.gov.sg/dfcs/strengtheningfamilyservice/	Various Locations – Please refer to website	1800 111 222
Fei Yue Community Services https://www.fycc.org/	Blk 145 Simei St 2 #01-06 Singapore 520145	6422 1599
Focus on the Family Singapore www.family.org.sg	Junction 8 Office Tower 9 Bishan Place #08-03 Singapore 579837	6336 1444
Lakeside Family Services (TJ Haven) https://lakeside.org.sg/	The Agape 21 Yung Ho Road #03-01 Singapore 618593	6265 6522
Life Community Services Society https://life-community.org/	Kallang Leisure Park 5 Stadium Walk #04-04 Singapore 397693	6387 3700
Lions Befrienders Service Association (Singapore) [For Seniors] https://www.lionsbefrienders.org.sg/	Blk 130 Bukit Merah View #01-358 Singapore 150130	1800 375 8600
Lutheran Community Care Services Ltd https://lccs.org.sg/	Bukit Merah Community Hub 3779 Jalan Bukit Merah #02-01 Singapore 159462	6441 3906
M ³ https://www.m3.gov.sg/	Wisma Geylang Serai 1 Engku Aman Road Level 2 Singapore 490223	-
New Life Stories https://www.newlifestories.org.sg/	73 Haji Lane Singapore 189266	6386 7688
Singapore Children's Society https://www.childrensociety.org.sg/	Various Locations – Please refer to website	6273 2010
The Salvation Army https://www.salvationarmy.org.sg/	Various Locations – Please refer to website	6555 0188
Yellow Brick Road https://www.yellowribbon.gov.sg/yellow-ribbon-fund/programmes/yellow-brick-road	Yellow Ribbon Fund Secretariat 980 Upper Changi Road North Blk B Level 2 Singapore 507708	6513 1442



ComCare

Social assistance for low-income individuals and families

☎ 1800 – 222 0000

Social Service Offices	Address
Social Service Office @ Ang Mo Kio	6A Ang Mo Kio St 53 Ang Mo Kio 3G Centre Singapore 569208
Social Service Office @ Bedok	21 Bedok North St 1 #01-02 Singapore 469659
Social Service Office @ Boon Lay	Blk 189 Boon Lay Drive #01-254 Singapore 640189
Social Service Office @ Bukit Batok	Blk 369 Bukit Batok St 31 #01-505 Singapore 650369
Social Service Office @ Bukit Merah	Bukit Merah Community Hub 3779 Jalan Bukit Merah #01-01 Singapore 159462
Social Service Office @ Bukit Panjang	Blk 232 Pending Road #01-29 Singapore 670232
Social Service Office @ Chua Chu Kang	8A Teck Whye Lane Singapore 681008
Social Service Office @ Clementi	Blk 358 Clementi Ave 2 #01-285 Singapore 120358
Social Service Office @ Geylang Serai	Singapore Post Centre 10 Eunos Road 8 #12-02 Singapore 408600 (Please use North Lobby)
Social Service Office @ Hougang	Blk 662 Hougang Ave 4 #01-413 Singapore 530662
Social Service Office @ Jalan Besar	69 Jellicoe Rd #01-03 Singapore 208737
Social Service Office @ Jurong East	Devan Nair Institute for Employment and Employability 80 Jurong East St 21 #01-07 Singapore 609607
Social Service Office @ Kreta Ayer	Kreta Ayer Community Club 28A Kreta Ayer Road #01-03 Singapore 088995
Social Service Office @ Pasir Ris	Pasir Ris Sports Centre 120 Pasir Ris Central #01-16 Singapore 519640
Social Service Office @ Punggol	Punggol 21 Community Club 80 Punggol Field #04-01 Singapore 828815
Social Service Office @ Queenstown	Blk 170 Stirling Road #01-1121 Singapore 140170
Social Service Office @ Sembawang	Blk 315 Sembawang Vista #01-173 Singapore 750315
Social Service Office @ Sengkang	Blk 261C Sengkang East Way #01-506 Singapore 543261
Social Service Office @ Serangoon	Blk 332 Serangoon Ave 3 #01-257 Singapore 550332
Social Service Office @ Taman Jurong	301A Corporation Drive Singapore 619773
Social Service Office @ Tampines	Our Tampines Hub Public Service Centre 1 Tampines Walk #01-21 Singapore 528523
Social Service Office @ Toa Payoh	HDB Hub Bizthree 490 Lorong 6 Toa Payoh #07-11 Singapore 310490
Social Service Office @ Woodlands	Woodlands Civic Centre 900 South Woodlands Drive #06-13 Singapore 730900
Social Service Office @ Yishun	Blk 746 Yishun Street 72 #01-127 Singapore 760746

All information is accurate as of Jan 2023